

CUSTOM SMOOTHIE APPROXIMATIONS

16 - LIQUID (9OZ) ALL JUICE (9OZ)- MILK (6OZ) JUICE (3 OZ) YOGURT (1 scoop) FRUIT 3 RED
24- LIQUID (10oz) ALL JUICE (13oz)- MILK (9oz) JUICE (3 OZ) YOGURT (3 scoop) FRUIT 5 RED

BERRYRIFFIC

(16) 3oz Cranberry
3oz Pomegranate
1 red scoop ice
2 scoops Strawberries
1 scoop Blueberries

(24) 6oz Cranberry
6oz Pomegranate
2 red scoops ice
3 scoops Strawberries
2 scoops Blueberries

ORANGESICLE

(16) 6oz Soymilk
3oz Orange juice
2 scoops Bananas
1 scoop Peach

(24) 5oz Soymilk
5oz Orange juice
3 scoops Bananas
2 scoops Peach

SPINALICIOUS

(16) 9oz APPLE juice
2 oz SPINACH
2 scoops Strawberry
1 scoop Peach

(24) 13oz Apple juice
4oz SPINACH
3 scoops Strawberry
1 scoops Peach

TROPICAL

(16) 6oz Almond
5oz Orange juice
1 scoops Pineapple
1 scoop Banana
1 scoop Mango

(24) 9oz Almond milk
7oz Orange juice
2 scoops Pineapple
2 scoop Banana
1 scoops Mango

CHOCO NUT

(16) 8oz Choco Skim milk
2 TBL peanut butter
2 oz frozen yogurt (yellow)
2 scoops banana

(24) 12oz Choco Skim milk
4 TBL peanut butter
4oz frozen yogurt (yellow)
4 scoops banana

STRAWBERRY BANANA

(16) 6oz Almond milk
3oz Orange juice
1.5 scoops Bananas
1.5 scoop Strawberry

(24) 9oz Almond milk
5oz Apple juice
3 scoops Bananas
2 scoops Strawberry

GREEN POWER

(16) 9oz APPLE juice
4 scoops banana
spinach/kale

(24) 13oz APPLE juice)
5 scoops banana
spinach/kale

HANGOVER

(16) 10 oz ORANGE juice
2 Banana, 1 Pineapple
1 scoop cold buster

(24) 14 oz ORANGE juice
3 Banana, 2 pneapple
2 scoops cold buster